ASBA & GCU’S CANYON PROFESSIONAL DEVELOPMENT PRESENT:

HANDLING SCHOOL TRAUMA WEBINAR SERIES
WEBINAR 4
MAY 7, 2020

ADDRESSING TRAUMA DURING EMERGENCY REMOTE LEARNING
Special Guests

Alec Thomson, Office of Arizona Governor Doug Ducey, Director of Strategic Initiatives and Campaigns; Executive Director, Arizona Complete Count Committee

Claudia Weiss, Arizona Association of School Psychologists, Chairperson of Communications; School Psychologist, Agua Fria UHSD

Yemen Bernal, School Social Work Association of Arizona; School Social Worker, Amphitheater Unified School District

Bill Lucas, Arizona School Counselors Association, Board of Directors; School Counselor, Agua Fria UHSD

Hosts

Julie Bacon - Leadership Development Specialist; Arizona School Boards Association
Carol Lippert - Executive Director K12 Outreach and Support; Grand Canyon University
1. Student and teacher morale are down.
2. Teachers say they’re spending more time on instruction and communication. But equity problems persist.
3. Email is the most common form of teacher-student interaction. Videoconferencing is also popular.
4. More than 1/5 of students are not participating in school with larger truancy rates in high-poverty areas.
5. District leaders are trying address equity.
6. Educators are most concerned students will fall behind in math.
7. The arts are tough to teach remotely.
8. More students may face consequences for schoolwork not done during closures.
9. The jury is still out on reopening schools.
10. Most districts don’t have a finished plan if the crisis continues into the fall.
Compared with morale prior to the Coronavirus, in our school district, morale levels for teachers are:

<table>
<thead>
<tr>
<th>Date</th>
<th>Lower</th>
<th>The Same</th>
<th>Higher</th>
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<tbody>
<tr>
<td>April 8</td>
<td>66%</td>
<td>20%</td>
<td>15%</td>
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<tr>
<td>March 25</td>
<td>56%</td>
<td>21%</td>
<td>22%</td>
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SOURCE: EdWeek Research Center survey, 2020
Arizona Data

• Calls to the child abuse hotline have decreased by 25% in recent weeks

• Phoenix Police have seen an increase of 21% from February to March in reports of child abuse

• According to Prevent Child Abuse Arizona, the decreases should not be attributed to less abuse taking place. In fact, it would be expected that in stressful times, the incidence of child abuse would rise.

• A spokesperson for DCS said the decrease in calls to the hotline may be attributed to schools being closed. Teachers and school officials call in the most reports of child abuse.

Source: “Side effect of no school: Fewer child abuse reports,” Morgan Loew, 3TV/CBS5
Student Mental Health Supports

- 89% of teachers are very or somewhat concerned about students receiving mental health services during the shutdown.
- 92% of district leaders say they have a plan for continuing to support students’ mental health needs (of the schools that had supports in place).
- 87% said school mental health providers are continuing to meet with students.
- 58% said they are providing therapy online or over the phone.
Yes, You Can Do Trauma-Informed Teaching Remotely (and You Really, Really Should)
Brittany R. Collins

Howard Bath’s Three Tenets of Trauma Informed Care:
• Safety
• Connection
• Emotional regulation

Education Week, April 29, 2020
It’s difficult to ensure a student’s physical safety during emergency remote learning but there are things you can do to create online learning spaces that feel safe:

• Create opportunities for students to share experiences
• Establish yourself as a safe person for students to turn to
• Model self-care
• Build structure for students and a routine for online learning, much like you would in your classroom

Finally, take care of yourself:

• Secondary traumatic stress (compassion fatigue) is real
• Build routine and self-care strategies into your day
• Rely on your support systems

*Education Week, April 29, 2020*
ARIZONA TOGETHER
STAY HOME | STAY HEALTHY | STAY CONNECTED | RETURN STRONGER
ARIZONA TOGETHER.ORG

ARIZONA UNIDO.ORG

► ACCURATE, UP-TO-DATE COVID-19 INFORMATION
► HELP & RESOURCES FOR INDIVIDUALS & FAMILIES
► BUSINESS ASSISTANCE & GUIDANCE
► OPPORTUNITIES TO SUPPORT ARIZONANS IN NEED

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WE'RE IN THIS TOGETHER

“As we work to combat the spread of COVID-19, access to resources that can help support families and businesses in this time of need is critical. We’re calling on Arizonans to be informed, get engaged, and support organizations doing important work to keep our communities safe and healthy. Arizona will get through this together.” - Doug Ducey, Governor of Arizona

#AZTogether
INFORMATION ABOUT THE COVID-19 OUTBREAK

PREVENTION INFORMATION

INFORMATION ABOUT SYMPTOMS & TREATMENT
CENTRALIZED SOURCE FOR ARIZONA RESOURCES

- Employment & Financial Assistance
- Homeowner, Renter, & Homeless Support
- Access to Nutrition Programs
- Healthcare
- Resources for Families
- Community Support

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CONNECTING ARIZONANS WITH VOLUNTEER OPPORTUNITIES, ORGANIZATIONS WITH SUPPORT

MORE THAN 1,100 VOLUNTEERS REGISTER TO DATE FROM EVERY ARIZONA COUNTY

PARTNERHSIPS WITH COMMUNITY ORGANIZATIONS LIKE VALLEY OF THE SUN UNITED WAY, ARIZONA FOODBANK ALLIANCE, AMONG OTHERS
ARIZONA TOGETHER

FINANCIAL SUPPORT FOR ORGANIZATIONS WORKING TO MITIGATE THE IMPACT OF COVID-19

$8,225,294.14

RAISED TO-DATE
INDIVIDUAL & CORPORATE DONORS

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HOME, HEALTHY & CONNECTED, TOGETHER.

PHYSICAL HEALTH
MENTAL HEALTH
VIRTUAL LEARNING
CONNECTEDNESS

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RETURN STRONGER, TOGETHER.
Panel Discussion
Questions

• What has been the most challenging issue for teachers and school staff as it relates to students’ mental health during school closure?
• What should teachers look for to assess the safety and well being of their students?
• What stressors are teachers and staff facing during emergency remote learning?
• How are school social workers, counselors and psychologists interfacing with school staff?
• What community resources are you using most frequently?
• Are there any “bright spots” you have discovered?
Mental Health Resources for COVID-19 School Closure

Information for Parents and Teachers

Talking to Children about COVID-19 (English)
Talking to Children about COVID-19 (Spanish)
Helping Children Cope with Changes Resulting from COVID-19 (English)
Helping Children Cope with Changes Resulting from COVID-19 (Spanish)
Care for Caregivers: Tips for Families and Educators

Information for School Mental Health Providers and Administration

Behavior Threat Assessment and Management in the Virtual Environment
Preparing for Virtual School Suicide Assessment
Responding to Death in the COVID-19 Context: Guidelines for Administrators and Crisis Teams
Information about Special Education Service Delivery
Virtual Service Delivery in Respond to COVID-19 Disruptions
Best Practices in Completing Educational Evaluations During School Closure
Resources

Teen Lifeline- crisis line 602 248-8336

Pima County 24 hour mental health crisis line - 520 622- 600

www.casel.org - The collaborative for Academic, Social and Emotional Learning. They have been hosting a number of free webinars for educators geared toward supporting SEL during the COVID-19. These include both ways to support students and also address things like resilience and self care for educators. Webinars are available for viewing on their website.

School Social Work Association of Arizona - www.sswaaz.org Teachers, Admin, School Social Workers are welcome to contact us at sswaazboard@gmail.com with specific questions or for any way we can be of support.
Lessons, links, toolkits on how to handle situations:

https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/covid-update
Contact Us:

**Hosts**

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THANK YOU FOR JOINING OUR WEBINAR

PLEASE PROVIDE FEEDBACK AT